


SUMMER PACKING LIST

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BIRTHRIGHT ISRAEL: SHORASHIM

** This is a standard packing list for classic 10-day trips. Items will vary based on your personal preferences, trip length, & trip type. We recommend referencing your itinerary as you pack.*

*** You are responsible for all of the items that you pack, purchase, & bring with you on your trip.*

CLOTHING

- 12+ pairs of underwear, undergarments, & socks
- 6+ pairs of shorts
- 10+ short-sleeved shirts
 - **We recommend short-sleeve shirts on hikes to cover shoulders & prevent sunburns**
- 1+ long-sleeved shirts
- 1+ outfits for Shabbat (ie Khakis, casual dresses, etc.)
- 2+ sets of modest clothing covering knees & shoulders
- 2+ outfits for a night out
- 3+ bathing suits
- 1+ pairs of closed-toed shoes for hiking
 - **It is required to wear closed-toed shoes on hikes**
- 1 pair of comfortable shoes (ie Allbirds, Vans, gym shoes, etc.)
- 1 pair of closed-toed water shoes or sturdy sandals (ie Chacos, Tevas, etc.)
- 1+ pairs of leggings/long pants, sweatpants & sweatshirt
 - **You will be sleeping outside one night in the desert where mattresses & sleeping bags will be provided. You will want to bring warm clothing for this night.**
- Sleepwear

ADDITIONAL ITEMS

- Sunscreen & bug spray
- Toiletries
- Small backpack, purse, or fanny pack
- 1+ beach towels
- Israel adapter plug (2 prong or C plug)
- Printed copy & digital copy of your passport
- Plastic bags for wet clothing

FOR YOUR CARRY ON BACKPACK

** We recommend bringing a backpack as your carry-on, to use when you sleep in the desert overnight & explore during your independent time **

- Passport
- A minimum of \$300 of spending money for daily independent meals & gifts / souvenirs
- Customary group tip in USD (\$100 for 10-day, \$70 for 7-day) for your tour educator & bus driver
- Hat - required for each hike
- Reusable water bottle (1 L or larger)
- Sunglasses
- Over the counter & perscription medications in its original packaging (for allergies, headaches etc.)
- At least 1 additional change of clothing
- Camera
- Snacks
- Phone charger / portable battery
- Headphones

IMPORTANT INFO

- Space on the bus is limited. You are only permitted to bring 1 checked bag that you can CARRY. The bag must weigh less than 50 lbs.
- We will provide an opportunity to exchange money upon arrival in Israel.
- It is not recommended to bring laptop computers or expensive electronics that you cannot keep track of
- You can purchase additional insurance at [BIT.LY/42CTAS](https://bit.ly/42CTAS)
- You can purchase a SIM card at [BIT.LY/42CELL](https://bit.ly/42CELL)
- Download the Birthright Israel App now at [BIT.LY/BRIAPP2](https://bit.ly/BRIAPP2)

DO NOT BRING

- More than 1 carry on backpack & 1 checked bag
- Alcoholic beverages or illegal drugs

** For insider info & recs from past participants, check out the packing highlight on our Instagram @shorashimisrael **