

BIRTHRIGHT ISRAEL: SHORASHIM

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SUMMER 2021 PACKING LIST

** This is a standard packing list for classic 10-day trips.
Items will vary based on your personal preferences.
We recommend referencing your itinerary as you pack.*

*** You are responsible for all of the items that you pack,
purchase, & bring with you on your trip.*

CLOTHING

- 13+ pairs of underwear, undergarments, & socks
- 5+ pairs of shorts
- 10+ short-sleeved shirts
 - **We recommend short-sleeve shirts on hikes to cover shoulders & prevent sunburns**
- 1+ long-sleeved shirts
- 1+ outfits for Shabbat (ie Khakis, casual dresses, etc.)
- 2+ sets of modest clothing covering knees & shoulders
- 2+ outfits for a night out
- 2+ bathing suits
- 1+ pairs of closed-toed shoes for hiking
 - **It is required to wear closed-toed shoes on hikes**
- 1 pair of comfortable shoes (ie Allbirds, Vans, gym shoes, etc.)
- 1 pair of closed-toed water shoes or sturdy sandals (ie Chacos, Tevas, etc.)
- 1+ pairs of leggings/long pants, sweatpants & sweatshirt
 - **You will be sleeping outside one night in the desert where mattresses & sleeping bags will be provided. You will want to bring warm clothing for this night.**
- Sleepwear
- 8+ masks (to be used when you are indoors)

ADDITIONAL ITEMS

- Sunscreen & bug spray
- Toiletries
- 1+ beach towels
- Israel adapter plug (2 prong or C plug)
- Plastic bags for wet clothing
- A copy of your passport

** For insider info & recs from past participants, check out the packing highlight on our Instagram @shorashimisrael **

FOR YOUR CARRY ON BACKPACK

*** We strongly recommend bringing a backpack as your carry-on with 2 changes of clothing in the event of a luggage issue. You will also use when you sleep in the desert overnight & explore during independent time ***

- **Spending money for daily independent meals & gifts / souvenirs (generally \$300 + the suggested group tip for your bus driver & tour educator of \$100 for a 10-day trip or \$70 for a 7-day trip)**
- **Your passport & CDC Vaccination record**
- **Hat - required for each hike**
- **Reusable water bottle (1 L or larger)**
- Sunglasses
- Over the counter & prescription medications in its original packaging (for allergies, headaches etc.)
- At least 1 additional change of clothing
- Camera
- Snacks
- Phone charger / portable battery & headphones

COVID-19 GUIDELINES & ITEMS

- **Pack multiple masks & wear them indoors**
- **Practice hygiene & bring your own sanitizer**
- **Pack your CDC Vaccination Record card & be sure to save a digital copy to your phone or email**
- **Be sure to fill out your [entry statement](#) at LEAST 24 hours prior to your flight**
- **Be sure to bring printed proof of a negative PCR test when you arrive at the airport**
- **Following passing a PCR test in Israel, you will receive a green badge. Be sure to carry it with you at all times.**

DO NOT BRING

- More than you 1 carry on & 1 checked bag under 50 lbs
- Alcoholic beverages or illegal drugs
- Expensive items & electronics - you are responsible for the items you bring with you