

WINTER PACKING LIST

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BIRTHRIGHT ISRAEL: SHORASHIM

**** This is a standard packing list for classic 10-day trips. Items will vary based on your personal preferences, trip length, & trip type. We recommend referencing your itinerary as you pack.**

CLOTHING

- 13 - 15 pairs of underwear, undergarments, & socks
- 2 - 3 pairs of shorts
- 5 - 7 pairs of long pants or leggings
- **4 - 5 short-sleeved shirts**
 - We recommend short-sleeves on hikes to cover shoulders & prevent sunburns
- 5 - 7 long sleeved shirts
- 1 - 2 outfits for Shabbat
- 2 sets of modest clothing covering knees & shoulders
- 2 - 3 outfits for a night out
- 2 - 3 bathing suits
- **1 pair of closed-toed shoes for hiking**
 - It is required to wear closed-toed shoes on hikes
- 1 pair of comfortable shoes (ie Toms, Vans, etc.)
- 1 pair of water shoes or sandals (ie Chacos, Texas, etc.)
- 2 sweatshirts & sweatpants
- Winter accessories
 - You will be sleeping outside one night in the desert where mattresses & sleeping bags will be provided. You will want to bring warm clothing for this night.
- Sleepwear

ADDITIONAL ITEMS

- Sunscreen & bug spray
- Toiletries
- Small backpack, purse, or fanny pack
- 2 beach towels
- Israel adapter plug (two prong or C plug)
- Copy of your passport
- Plastic bag for wet clothing
- Raincoat & Umbrella

FOR YOUR CARRY ON BACKPACK

- **Passport**
- **AT LEAST \$300 of spending money for daily independent meals & gifts / souvenirs**
- **Customary group tip in USD for the bus driver & tour educator (\$100 for 10-day, \$70 for 7-day)**
- **Hat - required for each hike**
- **Reusable Water bottle (1 Liter or more)**
- Sunglasses
- Over the counter and / or prescription medications (for allergies, etc.)
- Additional outfit or change of clothes
- Snacks
- Camera
- Phone charger & portable / external charger
- Headphones
- Jacket

IMPORTANT INFORMATION

- **Space on the bus is limited. You are permitted to bring only 1 checked bag that you can carry. The checked bag must weigh under 50 lbs.**
- **We provide an opportunity to exchange money upon arrival in Israel.**
- **You can purchase additional insurance for your trip at [BIT.LY/4ICTAS](https://bit.ly/4ICTAS)**
- **You can purchase a SIM card for your trip at [BIT.LY/4ICELL](https://bit.ly/4ICELL)**
- **Download the Birthright Israel app at [BIT.LY/BRIAPP2](https://bit.ly/BRIAPP2)**

DO NOT BRING

- **More than 1 carry-on & 1 checked bag**
- **Alcoholic beverages or illegal drugs**
- **Laptop computers or expensive electronics**