

WINTER PACKING LIST

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BIRTHRIGHT ISRAEL: SHORASHIM

** This is a standard packing list for classic 10-day trips. Items will vary based on your personal preferences. We recommend referencing your itinerary as you pack.*

*** You are responsible for all of the items that you pack, purchase, & bring with you on your trip.*

CLOTHING

- 12+ pairs of underwear, undergarments, & socks
- 3+ pairs of shorts
- 10+ short-sleeved shirts
 - **We recommend short-sleeve shirts on hikes to cover shoulders & prevent sunburns**
- 1+ long-sleeved shirts
- 1+ outfits for Shabbat (ie Khakis, casual dresses, etc.)
- 1+ sets of modest clothing covering knees & shoulders
- 2+ outfits for a night out
- 1+ bathing suits
- 1+ pairs of closed-toed shoes for hiking
 - **It is required to wear closed-toed shoes on hikes**
- 1 pair of comfortable shoes (ie Allbirds, Vans, gym shoes, etc.)
- 1 pair of closed-toed water shoes or sturdy sandals (ie Chacos, Tevas, etc.)
- 5+ pairs of leggings/long pants, sweatpants & sweatshirt
 - **You will be sleeping outside one night in the desert where mattresses & sleeping bags will be provided. You will want to bring warm clothing for this night.**
- Sleepwear
- Light jacket or fleece

ADDITIONAL ITEMS

- Sunscreen & bug spray
- Toiletries
- Small backpack, purse, or fanny pack
- 1+ beach towels
- Israel adapter plug (2 prong or C plug)
- Plastic bags for wet clothing

FOR YOUR CARRY ON BACKPACK

** We recommend bringing a backpack as your carry-on, to use when you sleep in the desert overnight & explore during your independent time **

- Spending money for daily independent meals & gifts / souvenirs
- Hat - required for each hike
- Reusable water bottle (1 L or larger)
- Passport & Drivers License
- Sunglasses
- Over the counter & prescription medications in its original packaging (for allergies, headaches etc.)
- At least 1 additional change of clothing
- Camera
- Snacks
- Phone charger / portable battery
- Headphones

COVID-19 GUIDELINES

- **Wear a mask**
- **Practice hygiene**
- **Stay 6 feet (2 meters) away from others**

COVID-19 ITEMS

- **Personal mask(s)**
- **Personal hand sanitizer(s)**

DO NOT BRING

- **More than you can carry**
- **Alcoholic beverages or illegal drugs**

** For insider info & recs from past participants, check out the packing highlight on our Instagram @shorashimisrael **